

Improving Access to Diabetes Self-Management Training Services Can Save \$9.4 Billion

Diabetes Self Management Training (DSMT) is an evidence-based service that teaches people with diabetes how to effectively self-manage their diabetes and cope with the disease. Because DSMT has undisputed health benefits and major cost-savings for Medicare, the Diabetes Advocacy Alliance supports the "**Expanding Access to Diabetes Self-Management Training Act**" (H.R. 1840/S. 814).

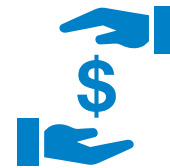
This legislation would increase utilization of DSMT by...



Providing additional hours of DSMT to eligible Medicare beneficiaries



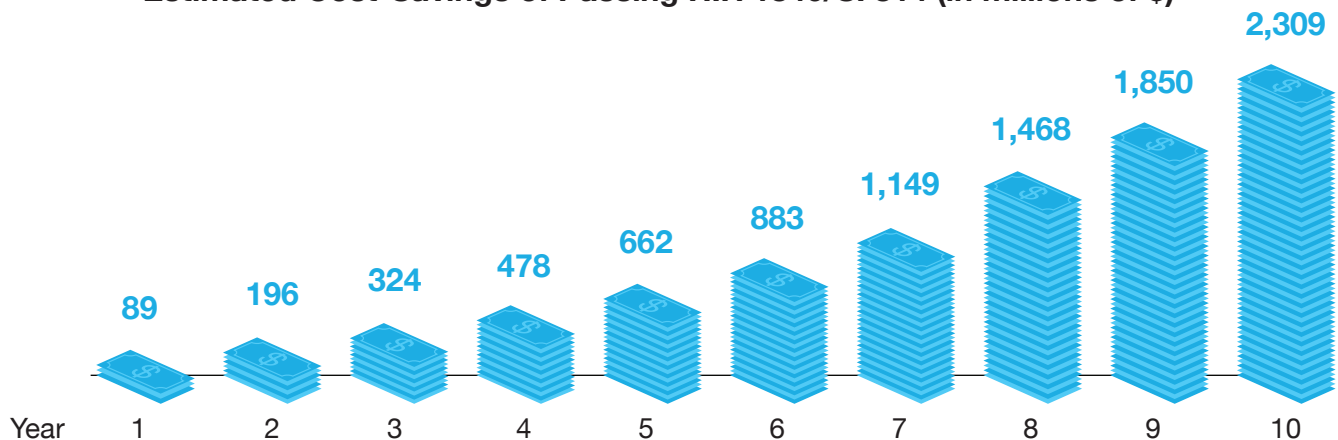
Permitting qualified non-physician practitioners to refer patients to DSMT



Eliminating cost-sharing to improve access

A study commissioned by the Diabetes Advocacy Alliance evaluated the cost-savings of the "**Expanding Access to Diabetes Self-Management Training Act**" (H.R. 1840/S. 814). With passage of the legislation, the study estimates annual Medicare spending on diabetes patients would be reduced by a total of **\$9.4 billion** over the next 10 years.

Estimated Cost-Savings of Passing H.R 1840/S. 814 (in millions of \$)



Passage of H.R. 1840/S. 814 would result in an average cost savings of **\$1,276 per year per Medicare beneficiary** and added cost-savings to patients.

Source: Chen F, Chylak D and Su W. Scoring medicare coverage of diabetes self-management training using microsimulation. December 2018.